The following items deal with ways you coped/are coping with your illness, accident, or injury. There are many ways to try to deal with problems. These items ask what you did to cope with this event. Obviously different people deal with things in different ways, but we are interested in how you tried to deal with it.

Each item says something about a particular way of coping. We want to know to what extent you did what the item says. How much or how frequently. Don’t answer on the basis of what worked or not - just whether or not you did it. Use these response choices. Try to rate each item separately in your mind from the others. Make your answers as true FOR YOU as you can. Circle the answer that best applies to you.

1. Looked for a stronger connection with God.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

2. Questioned the power of God.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

3. Decided the devil made this happen.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

4. Sought God's love and care.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

5. Tried to put my plans into action together with God.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

6. Wondered whether my church had abandoned me.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

7. Asked forgiveness for my sins.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

8. Questioned God's love for me.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

9. Sought help from God in letting go of my anger.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

10. Wondered what I did for God to punish me.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

11. Wondered whether God had abandoned me.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

12. Focused on religion to stop worrying about my problems.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

13. Tried to see how God might be trying to strengthen me in this situation.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

14. Felt punished by God for my lack of devotion.

\_ 0. Not at all \_ 1. Somewhat \_ 2. Quite a bit \_ 3. A great deal

Note:

Add items 1,4,5,7,9,12,13 for the Positive religious coping subscale.   
 Positive religious coping subscale = \_

Add items 2,3,6,8,10,11,14 for the negative religious coping subscale

Negative religious coping subscale = \_

Reference

Pargament, K., Feuille, M., & Burdzy, D. (2011). The Brief RCOPE: Current psychometric status of a short measure of religious coping. Religions, 2(1), 51-76