

#### NIH HEAL INITIATIVE

### **Investigator Meeting**

January16 - 17, 2020 Hyatt Regency, Bethesda, Maryland



#NIHhealInitiative

National Institutes of Health
HEAL Initiative

NIH HEAL Initiative and Helping to End Addiction Long-term are service marks of the U.S. Department of Health and Human Services.



Francis S. Collins, M.D., Ph.D., Director, National Institutes of Health (NIH)



### **Introductory Remarks**

Francis S. Collins, M.D., Ph.D., Director, National Institutes of Health (NIH)



#### NIH **HEAL** INITIATIVE

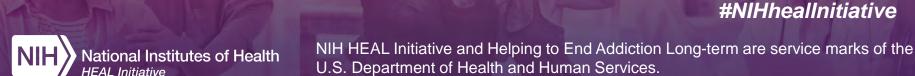
#### **Helping to End Addiction Long-term**

January 16, 2020

HEAL Initiative

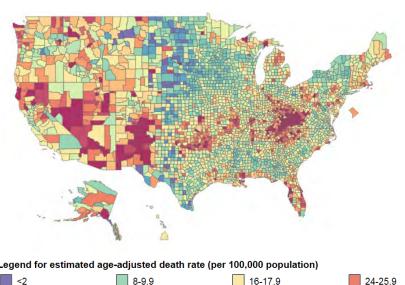
Francis S. Collins, MD, PhD Director, National Institutes of Health





### National Crisis of Pain and Opioid Misuse, Addiction, and Overdose

In 2017, 70,237 Americans died from drug overdose









- 50 million adults are affected by chronic pain
- 20 million have high impact chronic pain

#### **HEAL Initiative Research Overview**

Pre-Clinical/ Translational Research in Pain Management

Enhancing Pain Management

Clinical Research in Pain Management

Novel Medication Options

Improving Treatments for Misuse and Addiction

New
Prevention &
Treatment
Strategies

Enhanced
Outcomes
for Affected
Newborns

Translating Research into Practice

## Problem: Many people with OUD do not receive appropriate treatment for their disorder

- Scientific solution: Test integration of evidence-based interventions into community, justice and ER settings
  - The HEALing Communities Study
  - Justice Community Opioid Innovation Network (JCOIN)
  - Research focused on treatment in ER, primary care, among pregnant mothers, etc.





#### **Problem:**

Many patients who receive medications for OUD do not stay on treatment long enough to achieve long-term recovery

- Scientific solution: Research targeting new therapeutics for OUD to give patients more options for sustained recovery
  - Immunotherapies to opioids
  - Extended-release formulations
  - Medications to reduce drug cravings



## Problem: Pain control should be balanced with the risks of long-term opioid therapy

- Scientific solution: Research on nonaddictive medications for pain and test new models of care in real world settings
  - Phase 2 trials of novel therapeutics for multiple different pain conditions
  - Controlled trial of acupuncture for chronic low back pain in older adults, in collaboration with CMS
  - Effectiveness research studies for an array of nonpharmacological pain management strategies



# Problem: There is no national standard for care of infants born exposed to opioids

- Scientific solution: Research to understand best treatments and longterm consequences for NAS/NOWS
  - Trials to inform screening and treatment for infants exposed to opioids
  - Long-term studies to understand pre- and post-natal opioid exposure on brain growth and development



