## OUD vs Physical Dependence Overview &

Cascade of Care
June 1, 2020



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## What is Addiction: DSM 5 criteria

 Excessive amounts used
 Excessive time spent using/ obtaining

- Craving or urges to use
- Unsuccessful attempts to cut down

- Tolerance

- Withdrawal

- Hazardous use despite
  - Health problems
  - Missed obligations
  - Interference with activities
  - Personal problems

## What is Addiction: DSM 5 criteria

- Excessive time spent using

 Excessive time spent using/ obtaining

Physical Dependence ≠ OUD

- Craving or urges to use

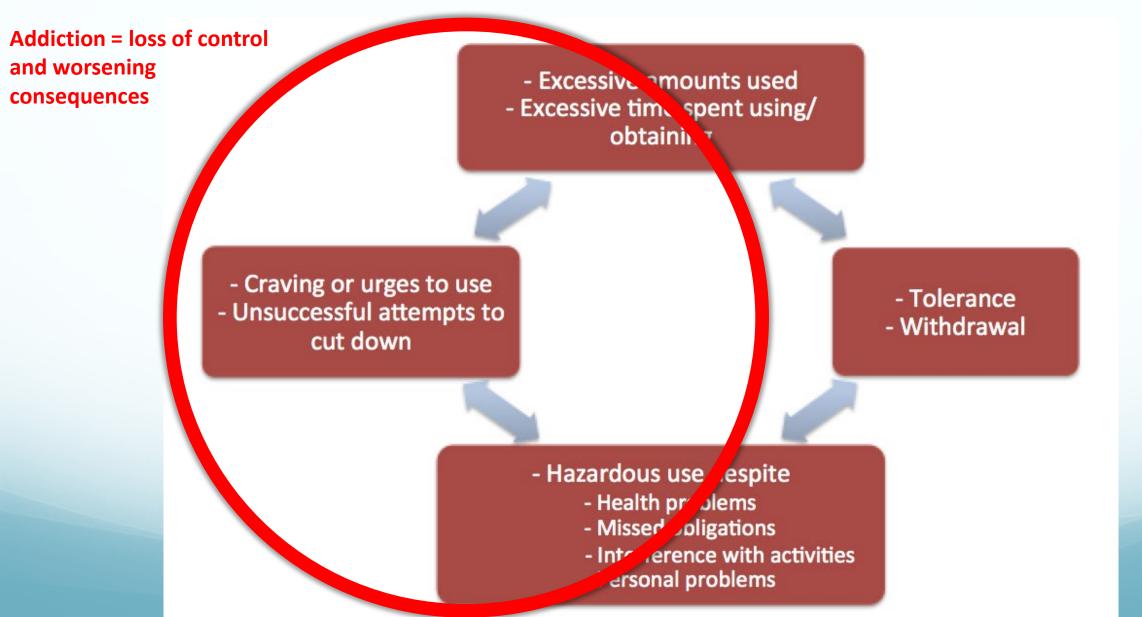
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ToleranceWithdrawal

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## What is Addiction: DSM 5 criteria



#### High risk populations, modifiers of fatal overdose, other adverse outcomes





- High dose/MEQ opioid use
- Black market substances (fentanyl)
- Injection drug use
- Concomitant benzo, alcohol use, etc.
- Medical conditions (OSA, CHF)
- Suicidality (?other psych)
- Unable to access specialty care
- Medication-free treatment, detox
- Treatment drop out/LTFU

Fatal Overdose

OUD, Overdose, or opioid misuse

NOWS
HCV, HIV
Other infections
Acute care services
Hospitalizations
Social contagion?
Injury/death
DUI

- MOUD initiation
- Opioid-negative utox first 2 weeks on MAT
- MOUD retention >180 days
- Comprehensive psychiatric care

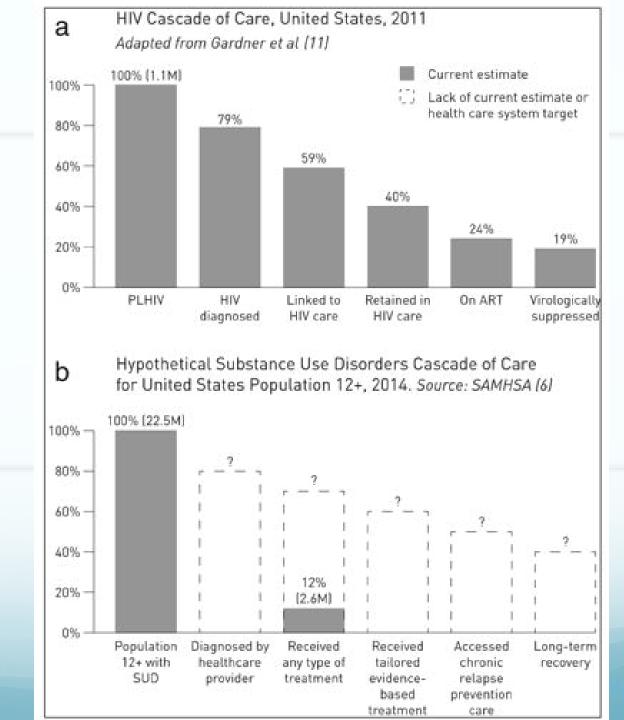


# Cascade of Care (COC) Frameworks

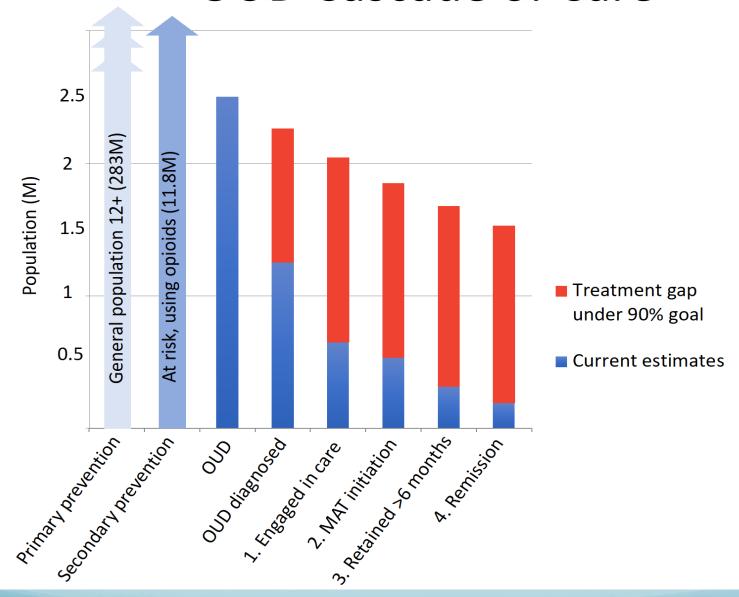
- Becoming standard approach to chronic disease management
- Breaks long-term management into key, sequential stages
- Success/failure at each stage can help identify needed interventions
- Multiple applications
  - Practice guidelines and standards of care → accreditation standards
  - Quality measure development
  - Funding allocations and value based reimbursement
  - Inform further research
- HIV, Diabetes, Hepatitis C have deployed effectively

# SUD Cascade derived from HIV Cascade

Socías ME, Volkow N, Wood E; Adopting the 'cascade of care' framework: an opportunity to close the implementation gap in addiction care? Addiction; 2016 Dec;111(12):2079-2081.



## **OUD Cascade of Care**



Williams AR, Nunes EV, Bisaga A, Levin FR, Olfson M. Development of a Cascade of Care for Responding to the Opioid Epidemic. *Am J Drug Alc Abuse, in press,* 2018





- Practice Guidelines and Standards of Care
  - E.g. Kampman & Jarvis ASAM 2015; ASAM 2014
  - SAMHSA TIP #63 re MAT for OUD

# **PERFORMANCE**MEASURES

For the Addiction Specialist Physician

- Practice Guidelines and Standards of Care
  - E.g. Kampman & Jarvis ASAM 2015; ASAM 2014
  - SAMHSA TIP #63 re MAT for OUD
- Quality Measures

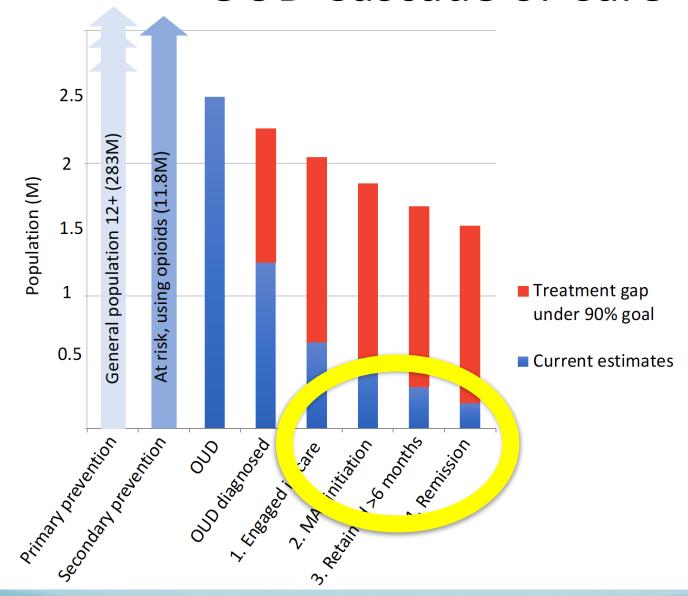
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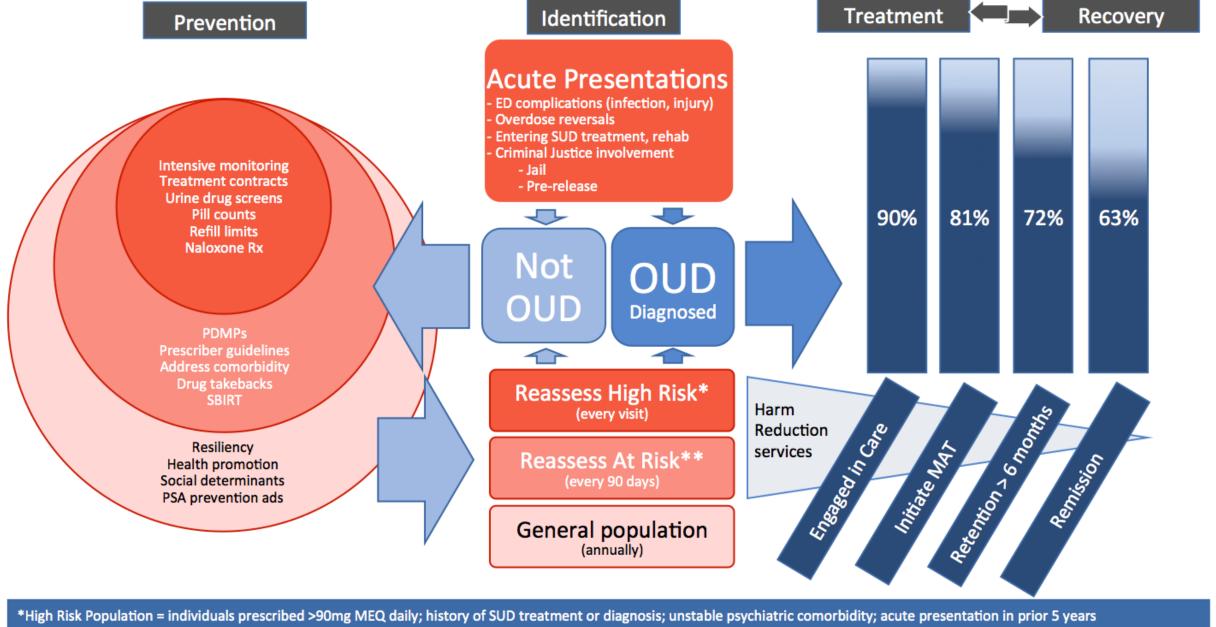
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<sup>\*\*</sup> At Risk Population = individuals receiving long-term opioid therapy; with a family history of SUD; young males (age 18-35); those with active problematic substance use





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#### Newsroom

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Annual Meeting

Goldwater Rule

Sep 21, 2018

# APA Awarded CMS Funding to Develop Quality Measures

**Washington, D.C.** – The American Psychiatric Association (APA) has been awarded funding to develop mental health and substance use quality measures as part of the Centers for Medicare and Medicaid Services' (CMS) Quality Payment Program (QPP) established under the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA). APA is working with experienced measurement developer NCQA. The three-year funding was awarded by CMS who awarded funding to a total of seven organizations.

#### **Media Cont**

Glenn O'Neal, 20 press@psych.or

Erin Connors, 20 econnors@psyc

# Quality Measures: Donabedian model

- Structural measures refer to quality measures at the system and provider level
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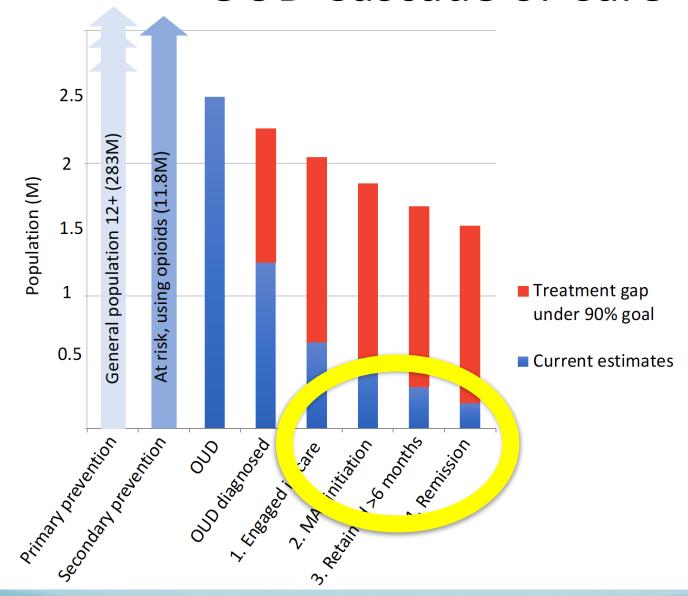
# Quality Measures: Donabedian model

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- Process measures refer to metrics pertaining to service delivery
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- Outcome measures typically refer to patients' clinical outcomes
  - Require risk adjustment

# Quality Measures, specification

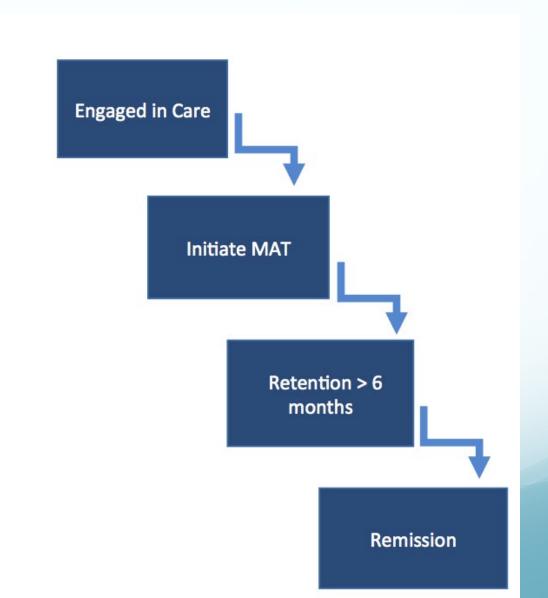
- Numerator (i.e. percent with OUD "receiving MAT")
- Denominator (i.e. who counts as having "OUD")
- Inclusion/Exclusion criteria
- Standardization
- Risk adjustment

## **OUD Cascade of Care**

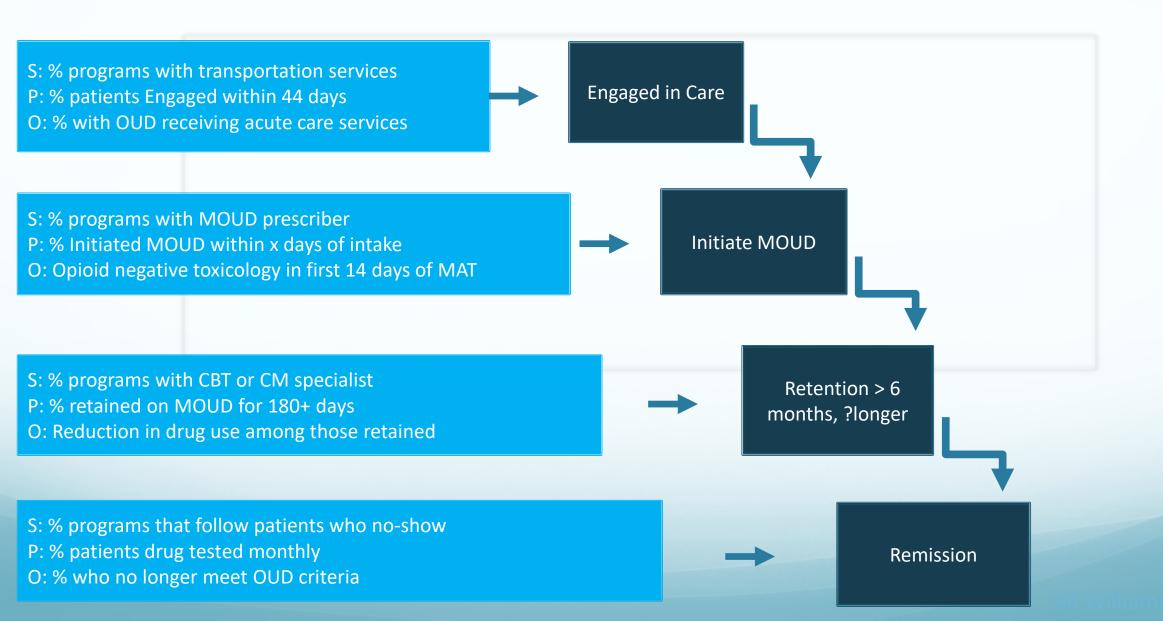


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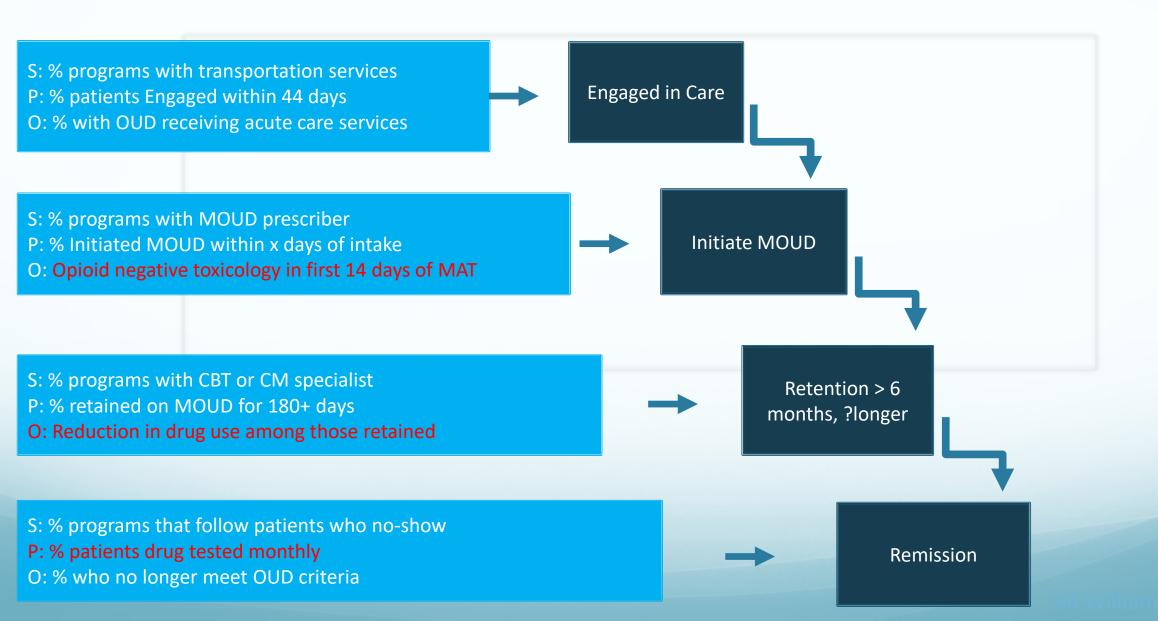
### **OUD Treatment Cascade**



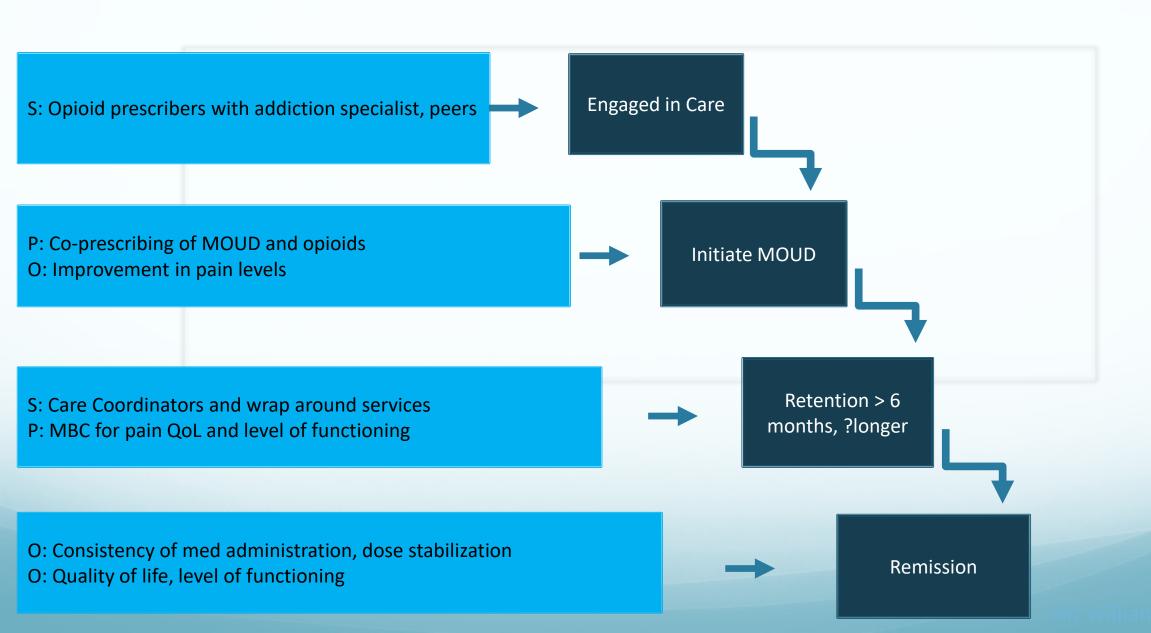
### Measures for OUD



## Measures for OUD and Pain



## Measures for OUD and Pain



## Thank You

- Mark Olfson MD MPH
- Edward V. Nunes MD
- Adam Bisaga MD
- Frances R. Levin MD
- Robert Remien PhD
- Steven Crystal PhD
- Hillary Samples PhD
- Christine Mauro PhD
- Kimberly Johnson MD
- Peter Friedmann MD MPH
- Ben Nordstrom MD