THIS IS WHO WE ARE.

FACES & VOICES OF RECOVERY

ADVOCATE. ACT. ADVANCE.
Keeping them in the Boat: *Strategies for promoting long term Recovery stability*

presented by

• Philip Rutherford, Chief Operating Officer
What We Do

• **Policy Advocacy**
  - We advocate for policies that are supportive of Peer Recovery Support Services

• **Training/Technical assistance**
  - Though our National Recovery Institute, we offer comprehensive training

• **Recovery data collection**
  - We collect and curate a nationwide data set (Recovery Data Platform™) leveraging evidence-based practices and real-world best practice

• **Recovery Community Organizations**
  - We manage The Association of Recovery Community Organizations® (ARCO)

• **Accreditation**
  - Our sister agency CAPRSS ensures rigor and fidelity of best practice methods peer support
Objectives

• How do we identify long term recovery stability?
• Describe RCC and RCO structures
• Identify similarities between the two models
• Describe data driven recovery
• Identify Data gathering and processes currently in use
Definitions
RCC and RCO

Recovery Community Center (RCC)
• Non-profit centers for the recovery community that offer local networks of non-medical, recovery support services.

Recovery Community Organization (RCO)
• A recovery community organization (RCO) is an independent, non-profit organization led and governed by representatives of local communities of recovery.
• Phillip A. Valentine, William L. White and Pat Taylor, 2007
Key Similarities: RCC and RCO

Recovery Community Center (RCC)
Peer-Operated
Non-Profit
Community-Based
Volunteer Opportunities
Activities

Recovery Community Organization (RCO)
Led and governed by representatives of local communities of recovery.
Non-Profit
Community-Based
Volunteer Opportunities
Activities
Evidence Based Practices

- BARC 10
- Outcome Rating
- Relationship Rating
- Recovery Capital
- PHQ-9
- GAD-7
Demographics

Race

- White: 63.46%
- Other: 13.27%
- Black of African American: 13.13%
- Declined: 9.91%

Ethnicity by Race

- % of Total Count of E:
  - Asian, Native Hawaiian, or Other Pacific Islander: 5%
  - More than One: 10%
  - Native American or Alaskan: 20%
  - Declined: 30%
  - Black of African American: 20%
  - Other: 15%
  - White: 5%

Gender by Race

Race (group) / Gender

- Asian, Native Hawaiian, or Other Pacific Islander: Male, Female
- Black of African American: Male, Female
- More than One: Male, Female
- Native American or Alaskan: Male, Female
- Declined: Male, Female
- Black of African American: Male, Female
- Other: Male, Female
- White: Male, Female
- Other: Male, Female
Recovery Management Planning

Goals by Category and Status (N= 4,691)

- **Other**: 91% Abandoned, 85% Attained or Working Towards
- **Transportation**: 85% Abandoned, 82% Attained or Working Towards
- **Housing/Home**: 67% Abandoned, 82% Attained or Working Towards
- **Budget/Money**: 88% Abandoned, 84% Attained or Working Towards
- **Employment**: 95% Abandoned, 85% Attained or Working Towards
- **Education/Voc**: 80% Abandoned, 76% Attained or Working Towards
- **Relationship/S**: 50% Abandoned, 53% Attained or Working Towards
- **Medical/Dental**: 80% Abandoned, 50% Attained or Working Towards
- **Relaxation and L**: 76% Abandoned, 50% Attained or Working Towards
- **Financial and I**: 50% Abandoned, 53% Attained or Working Towards
- **Spirituality/Min**: 80% Abandoned, 80% Attained or Working Towards
- **Overall Recover**: 80% Abandoned, 80% Attained or Working Towards