## Workshop for Implementation/Health Services - HEAL Strategic Planning Subcommittee

This workshop will feature expert presentations and discussion on research needs and priorities for implementation and health services relevant to pain. This workshop is being hosted by a subcommittee of the HEAL Pain Strategic Research Priorities Working Group, co-led by Lynn DeBar and Steve George. The lack of effective pain management includes, but is not limited to, systems-level barriers that challenge the routine delivery of guideline recommended pain care. Accordingly, research that focuses on these challenges and developing evidence informed processes that have high potential to improve routine delivery of effective and safe pain care remains critical. Presentations and discussion will center around: review of barriers to implementing guideline recommended pain care, trial designs best suited for enhancing implementation and sustainability, leveraging EHR and other technology at point of care to support provider provision of evidence-based pain care, aligning research with clinical care metrics while considering perspectives of multiple stakeholders, and attention to overall pathways of care within healthcare systems (including replacement of low-value treatments for pain)

Date/Time: Thursday, 12/05: 9 AM-1 PM PT/12-4 PM ET

## Workshop Goals

- Inform: presentations that tackle state of art topics, current issues, and potential future directions
- Discuss: interact with presenters and other attendees during moderated panel sessions
- Input: provide feedback on draft recommendations for future HEAL research priorities

## **PROGRAM**

Introduction / Orientation (15 minutes overall)

<u>Introductory Remarks / Big Picture Orientation:</u> Rob Gereau, PhD, Washington University School of Medicine, St. Louis; Co-Chair, Executive Committee (5 minutes)

Workshop Objectives / Organization of the sessions: Lynn DeBar, PhD MPH, KP Center for Health Research, Implementation / Health Services Committee co-lead (2-3 minutes)

<u>"Rules of Engagement"</u>: Steve George, PT, PhD, Duke University; Implementation / Health Services Committee co-lead (2-3 minutes)

<u>Technical Guidelines for the workshop</u>: Sophia Stafford, Associate Events Manager, N 4 Solutions, LLC) (5 minutes)

Part 1 (Two Sessions, 1.5 hours total – 45 minutes each)

Theme.for.First.Group; Pathways.of.care.within.health.systems.that.improve.long\_term.outcomes.and.reduce.exposure.to.low.value.care

Key words: De-implementation, low-value care, upstream changes to care delivery

Timekeeping/Moderator for Part 2 – Steve George (Duke University)

Workshop speakers:

- JD Smith (University of Utah) Overall overview and lessons learned in behavioral health-related implementation research and applications relevant for HEAL pain-related implementation-related research
- Will Becker (Yale University/West Haven CT VA Medical Center) Further reflections specific to clinical pain treatment related implementation focused research
- Andrew Quanbeck (University of Wisconsin) Lessons learned from a de-implementation trial
- 15-minute moderated Q&A / discussion

Theme.for.Second.Group¿Leveraging.technology.(including.EHR).to.aid.clinicians.and.better.engage.patients.

Key words: Direct to consumer, patient/provider communication, guiding or tailoring patient care, integrating research and care data systems

Workshop Speakers:

- Amy Abernethy (Highlander Health) Leveraging technology to bridge research and care (recorded talk)
- Andrea Cheville (Mayo Clinic) Issues specific to EHR integration for pain management: Lessons learned, gaps, and opportunities
- Devin Mann (New York University Langone Health) Behavioral economic-based strategies and approaches
- 15-minute moderated Q&A / discussion (Moderator Lynn DeBar)

Break (15 minutes)

Part 2 (5 Sessions, 1 – 1.5 hours total)

Format: Each talk will be 5-10 minutes with remaining time used for Q/A for 15 minutes total time

Timekeeping/Moderator for Part 2 – Michael Falcon (Hawaii Pacific University)

Theme.7; Aligning.research.with.clinical.care.metrics.for.implementation.success.across.multiple.partners.(Clinicans?HealthPlan.Leaders?Payers?PWLE?Policy.makers?and.Researchers)

- Talk 1 Nondrug pain care delivery in rural underserved areas (Julie Fritz University of Utah)
- Talk 2 Aligning research/clinical EHR-based assessment: facilitators, barriers, and opportunities (Lynn DeBar – KP Center for Health Research)

Theme.8; Adaptability.and.fidelity.to.evidence\_based.treatments-ensuring.core.components.of.an. evidence.based.care.are.delivered.as.part.of.real.world.care.while.retaining.evidence.based.core);

 Talk 3 – Implementation example from an embedded clinical trial (S. Nicole Hastings – Duke University/Durham VA Medical Center)

Theme.9¿Ensuring.new.and.diverse.voices.are.a.key.part.of.implementation.efforts.for.improving.access. and.effectiveness.of.future.pain.care.options.

• Talk 4 – How do we interest early career scientists in this work and/or how do we train them (Steve with Lindsay Ballengee – Duke University /Natasha Parman – University of Washington )

 Talk 5 – Reflections from someone who lives with chronic pain (Kate Nicholson – National Pain Advocacy Center)

Break (15 minutes)

Part 3 (Session, 30-45 minutes)

Summary of Contemporaneous Workshop Themes – Michael Falcon

Open forum – Steve George

- Including integrating workshop themes and subcommittee draft priorities
- Eliciting feedback through chat and moderated discussion

Wrap up and thanks – Lynn DeBar

Adjourn