We are interested in the thoughts and feelings you have when your child is in pain. Below are sentences of different thoughts and feelings. Please select the word or phrase under each sentence that best reflects how strongly you have each thought when your child is in pain.

1. When my child is in pain, I worry all the time about whether the pain will end

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

2. When my child is in pain, I feel I can’t go on like this much longer.

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

3. When my child is in pain, it’s terrible and I think it’s never going to get better

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

4. When my child is in pain, it’s awful and I feel that it overwhelms me

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

5. When my child is in pain, I can’t stand it anymore

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

6. When my child is in pain, I become afraid that the pain will get worse

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

7. When my child is in pain, I keep thinking of other painful events

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

8. When my child is in pain, I want the pain to go away

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

9. When my child is in pain, I can’t keep it out of my mind

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

10. When my child is in pain, I keep thinking about how much he/she is suffering

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

11. When my child is in pain, I keep thinking about how much I want the pain to stop

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

12. When my child is in pain, there is nothing I can do to stop the pain

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

13. When my child is in pain, I wonder whether something serious may happen

\_0 Not at all true \_1 A little true \_2 Somewhat true \_3 Mostly true \_4 Very true

Note:

1. Overall PCS-P score is sum of all items (range 0 to 52)
2. Subscales
   1. Rumination: sum of items 8,9,10,11
   2. Magnification: sum of items 6, 7, 13
   3. Helplessness: sum of items 1, 2, 3, 4, 5, 12

Reference

Goubert L., Eccleston C., Vervoort T., Jordan A. and Crombez G. (2006). Parental catastrophizing about their child's pain. The parent version of the Pain Catastrophizing Scale (PCS-P): A preliminary validation. Pain, 123 (3), pp. 254-263.

Pielech M, Ryan M, Logan D, Kaczynski K, White MT, Simons LE. (2014). Pain catastrophizing in children with chronic pain and their parents: Proposed clinical reference points and reexamination of the PCS measure. Pain, 155(11), 2360-2367