## **Emotional Support – Short Form 8a**

## Please respond to each item by marking one box per row.

		Never	Rarely	Sometimes	Usually	Always
FSE31053x2	I have someone who will listen to me when I need to talk		2	3	$\square$ 4	5
FSE31059x2	I have someone to confide in or talk to about myself or my problems		$\square$ 2	3	4	5
SS12x	I have someone who makes me feel appreciated	$\square$	$\square$	3	$\square$ 4	5
SSQ3x2	I have someone to talk with when I have a bad day		$\square$	3	4	5
FSE31069x2	I have someone who understands my problems	$\square$	2	3	4	5
SSE-CaPS6	I have someone I trust to talk with about my feelings	$\square$	$\square$	$\square$	$\square$	5
FSE31066x2	I have someone with whom to share my most private worries and fears	$\square$	$\square$	$\square$	4	5
SSQ4x2	I have someone I trust to talk with about my problems	$\square$	2	3	$\square$ 4	5