

Gastrointestinal Constipation

Please respond to each question or statement by marking one box.

In the past 7 days...

1 GISX6 3	How often did you pass very hard or lumpy stools?
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- 1 Never → **If Never, go to #3**
- 2 One day
- 3 2-6 days
- 4 Once a day
- 5 More than once a day

2 GISX6 4	How much did hard or lumpy stools bother you?
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- 1 Not at all
- 2 A little bit
- 3 Somewhat
- 4 Quite a bit
- 5 Very much

3 GISX6 5	How often did you strain while trying to have bowel movements?
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- 1 Never → **If Never, go to #6**
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Always

In the past 7 days...

4
GISX6
6 How much did you usually strain while trying to have a bowel movement?

- 1 Not at all
- 2 A little bit
- 3 Somewhat
- 4 Quite a bit
- 5 Very much

5
GISX6
7 How much did straining during bowel movements bother you?

- 1 Not at all
- 2 A little bit
- 3 Somewhat
- 4 Quite a bit
- 5 Very much

6
GISX6
8 How often did you feel pain in your rectum or anus while trying to have bowel movements?

- 1 Never → **If Never, go to #8**
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Always

In the past 7 days...

7
GISX6
9

At its worst, how would you rate the pain in your rectum or anus during bowel movements?

- 1 Not bad at all
- 2 A little bad
- 3 Somewhat bad
- 4 Quite bad
- 5 Very bad

8
GISX7
2

How often after a bowel movement did you feel unfinished - that is, that you had not passed all your stool?

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Always

9
GISX7
4

How often did you use your finger or toilet paper to get out a stool?

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Always