Please respond to each question or statement by marking one box per row.

1. In the past 7 days, how often did you have pain so bad that you could not do anything for a whole day?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

2. In the past 7 days, how often were you totally pain free?

\_1. Never \_2. Rarely \_3. Sometimes \_4. Often \_5. Always

3. In the past 7 days, how often did you have a sudden attack of severe pain?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

4. In the past 7 days, how often did you have pain so bad that you could not  
get out of bed?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

5. In the past 7 days, how often did you have very severe pain?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

6. In the past 7 days, how often did you have to cancel plans because of pain?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

7. In the past 7 days, how often did you have pain so bad that you had to stop what you were doing?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

8. In the past 7 days, how often did you have pain so bad that it was hard to finish what you were doing?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

9. In the past 7 days, how often were you terrified that you might have a pain attack (crisis)?

\_5. Never \_4. Rarely \_3. Sometimes \_2. Often \_1. Always

10. In the past 7 days, how bad was the pain you usually have?

\_5. I had no pain \_4. Mild \_3. Moderate \_2. Severe \_1. Very severe

11. In the past 7 days, how bad was the pain in your joints (such as hips or shoulders)

\_5. I had no pain \_4. Mild \_3. Moderate \_2. Severe \_1. Very severe

12. In the past 7 days, how bad was the pain in your chest or stomach?

\_5. I had no pain \_4. Mild \_3. Moderate \_2. Severe \_1. Very severe

13. In the past 7 days, how many days did pain prevent you from doing anything?

\_5. Never \_4. 1 day \_3. 2-3 days \_2. 4-5 days \_1. 6-7 days

Notes: Instrument is designed for computer-adaptive testing. Use electronic software to obtain a normalized t-score

Reference

Keller S, Yang M, Treadwell MJ, Werner EM, Hassell K. (2014). Patient Reports of Health Outcome for Adults Living with Sickle Cell Disease: Development and Testing of ASCQ-Me Item Banks. *Health and Quality of Life Outcomes*,22:125.

ASC-ME website: http://ascq-me.org/Measures

Scoring manual available at the website: http://www.healthmeasures.net/images/ASQMe/ASCQ-Me\_Scoring\_Manual.pdf