Instrucciones: Lea la siguiente lista de sensibilidades y síntomas. Si ha tenido alguno de estos por al menos tres (3) meses en el año pasado, marque la casilla que corresponda.

1. Sensibilidad a las luces brillantes \_ 1 Sí \_ 0 No

2. Sensibilidad a los sonidos \_ 1 Sí \_ 0 No

3. Sensibilidad a los olores (por ejemplo, perfumes, detergentes, gasolina) \_ 1 Sí \_ 0 No

4. Sensibilidad a ciertos sabores (por ejemplo, ácido, dulce, amargo) \_ 1 Sí \_ 0 No

5. Sensibilidad al tacto o contacto físico (por ejemplo, ciertas telas, superficies duras) \_ 1 Sí \_ 0 No

6. Problemas de equilibrio \_ 1 Sí \_ 0 No

7. Problemas de náuseas \_ 1 Sí \_ 0 No

8. Problemas de frecuencia cardíaca rápida \_ 1 Sí \_ 0 No

Notes:

Background: The GSS-8 assesses for sensory sensitivity across the five external senses, as well as interoception. Items were taken from or modified from the Complex Medical Symptoms Inventory (CMSI) and the factor analytic study of GSS.

Scoring:

External sensory sensitivity - sum of items 1-5

Interoception – sum of items 6-8

GSS Total Score – sum of items 1-8

References

Williams DA, Schilling S. Advances in the assessment of fibromyalgia. Rheum Dis Clin North Am 2009;35:339-57.

Schrepf A, Williams DA, Gallop R, et al. Sensory sensitivity and symptom severity represent unique dimensions of chronic pain: a MAPP Research Network study. Pain 2018;159:2002-11.

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