**Numeric rating scale (NRS)**

Image for 0-10 numeric rating scale. Vertical marks and numbers indicate numbers 0 through 10. The horizontal line has a gradient shading with lighter color on the left, near 0 "no pain", and darkest on the right near 10, Worst possible pain. Midpoint is marked as 5, moderate pain. 

*Figure 3. Visual depiction of a 0 to 10 numerical pain rating scale, where 0 = No pain, 5 = Moderate pain, and 10 = worst possible pain.*

**Pain rating scales instructions**

**Numerical rating scale (NRS)**

Instruct the patient to choose a number from 0 to 10 that best describes their current pain. 0 would mean "no pain" and 10 would mean "worst possible pain."

Reference: Not available.