Thinking about the last 2 weeks mark your response to the following statements:

1. My pain is in more than one body part.

\_ 0. Disagree \_ 1. Agree

2. I can only walk a short distance because of my pain.

\_ 0. Disagree \_ 1. Agree

3. It is difficult for me to be at school all day.

\_ 0. Disagree \_ 1. Agree

4. It is difficult for me to fall asleep and stay asleep at night.

\_ 0. Disagree \_ 1. Agree

5. It's not really safe for me to be physically active.

\_ 0. Disagree \_ 1. Agree

6. I worry about my pain a lot.

\_ 0. Disagree \_ 1. Agree

7. I feel that my pain is terrible and that it's never going to get any better.

\_ 0. Disagree \_ 1. Agree

8. In general, I don't have as much fun as I used to.

\_ 0. Disagree \_ 1. Agree

9. Overall, how much has pain been a problem in the last 2 weeks?

\_ 0. Not at all \_ 1. A little \_2. Some \_3. A lot \_ 4. A whole lot

Scoring

For items 1 through 8, score disagree as 0 and agree and 1

For item 9, score responses (Not at all, a little, some) as 0; score responses (A lot, A whole lot) as 1

Total score: Add scores for all items

Physical subscale: sum scores for items 1, 2, 3, 4

Psychosocial subscale: sub scores for items 5, 6, 7, 8, 9

Reference:

Simons, L. E., Smith, A., Ibagon, C., Coakley, R., Logan, D. E., Schechter, N., Borsook, D., & Hill, J. C. (2015). Pediatric Pain Screening Tool: rapid identification of risk in youth with pain complaints. Pain, 156(8), 1511–1518. https://doi.org/10.1097/j.pain.0000000000000199